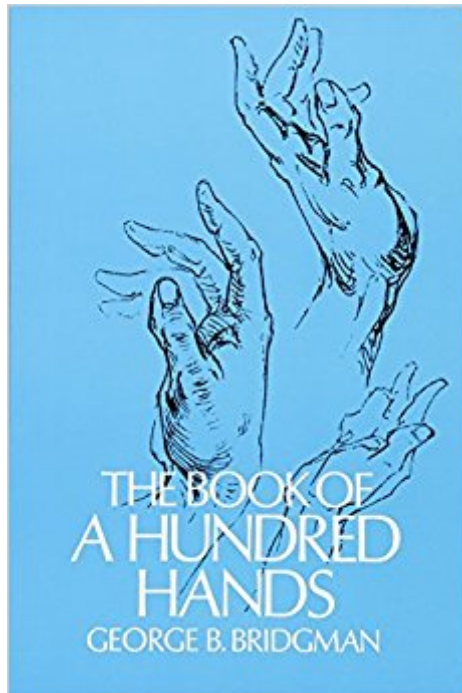




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# The Book Of A Hundred Hands (Dover Anatomy For Artists)



## Synopsis

Mr. Bridgman states unequivocally in his introduction that before preparing this book he had "not discovered a single volume devoted exclusively to the depicting of the hand." Apparently Mr. Bridgman has appreciated what few others have felt – the human hand's great capacity for expression and the care that the artist must take to realize it. The hand changes with the age of the person, is shaped differently according to sex, reflects the type of work to which it is put, the physical health, and even the emotions of the person. To represent these distinguishing features, to capture the expressiveness of a particular pair of hands, the artist must understand the construction, anatomy, formation, and function of the hand. There is probably no better instructor to turn to for this understanding than Mr. Bridgman, a well-respected artist who for nearly 50 years lectured and taught at the Art Students League of New York. In this volume, a full text is accompanied by many illustrations depicting virtually every aspect and posture of the human hand. He first considers the back view of the hand, the wrist bones, the tendons, the muscles, the hand bones, the arch, and the veins; and then those of the palm. Throughout he pictures the musculature at work beneath the surface of the skin. He continues by showing how the muscles operate on the thumb side and on the little finger side when each is the center of force; how the thumb and fingers are constructed, their freedom of movement, joints, and complete anatomy as well as views of them straight, bent, and flexed; how the knuckles are formed, what shapes the fist can take and how flexible it can be; and he concludes with illustrations of the total movement, either turning or rotary, of the hand in its various positions. The 100 illustrations the author has selected perfectly define the regions of the hand so that any artist, beginning or experienced, will increase his mastery of it. Better rendering of the human hand is sure to add new expressiveness to your human figures along with new forcefulness and new interest.

## Book Information

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## Customer Reviews

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Canadian artist George Brandt Bridgman (1865–1943) studied at the École des Beaux Arts in Paris and taught at New York City's Art Students League. Generations of students have learned the principles of anatomy and figure drawing from his books, which rank among Dover's most popular art instruction texts.

Wasn't exactly what I was looking for this may be for people who are interested in drawing fine arts. I was mainly looking for a reference of realistic hands. This book of hands is a bit stylized, though still in realistic proportions. But wasn't as clear as I needed it to be. Im terrible at drawing hands, so maybe if your not a beginner for drawing hands this is for you?

Great book and very good instructions

Very helpful!! Thank you.

Very helpful, but "Bridgman's Complete Guide to Drawing from Life" has almost all of the same information. I own both and would suggest if you want a complete drawing guide with specific info on hands. Just buy Bridgman's Complete Guide

As an artist I was looking for good reference pictures for my sculpting work, the descriptions are good but the drawings are not good enough for me to sculpt the exact details I was looking for in anatomy.

An interesting book but not entirely what I was hoping for. The hands, and styles of the hand, were broken down in this book but no clear path on how to capture the shape of the hand, which is what I was looking for.

There are a lot of interesting images of hand in this book, and yes, many of them are done well. However there are also a lot of images of hands that are hard to interpret because they are not completely drawn and are in an awkward position. The text around the hands is also useful. Part of the book is not as helpful as other parts. It's an okay source, but if I had to pick between this and another source, I would have gone with another.

This is a great book for just getting a general idea of different hand poses. A must for any artist!

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